



# newborn baby CHECKLIST

## BRINGING BABY HOME FROM HOSPITAL

- A nappy to wear home
- Body suit or jumpsuit
- Socks
- Cap or hat
- Blanket or wrap

## CLOTHING

- 6-12 long sleeved tops and/or bodysuits
- 6 jumpsuits
- 1-2 jumpers or baby jackets if it is going to be cold when your baby is due
- 2-3 nightgowns - *easy access for late night nappy changing*
- 3-4 blankets or light cotton wraps
- Hat for cooler weather
- 6 pairs of socks (*many parents find all in one jumpsuits with feet easier to manage than endlessly replacing missing socks*)
- 6 singlets

## SLEEP

- Cot or bassinet
- Cot mattress
- Baby Sleeping bag/ Swaddles
- 2-3 sets of cot sheets
- Baby night light for night feedings
- Baby Monitor

## NAPPIES

- 6-12 disposable newborn nappies a day
- 8-10 cloth nappies per day depending on how often you want to wash them
- Nappy rash cream
- Cap or hat
- Baby Wipes

## OUT AND ABOUT

- Pram or stroller
- Car capsule
- Baby sling
- Pram Blanket/ Cocoon
- Pram Sun Shade/ Rain cover
- Portacot
- Nappy Bag
- Pram Liner
- Car Window shades

## BATH AND COSMETIC

- Baby bath
- Olive oil to drop in the bath and for removing cradle cap
- Baby wipes or cloths
- Baby nail clippers
- Baby hair brush
- 2-3 hooded towels
- Baby bath wash

# Your #1 online source for



## Conception, Pregnancy, Birth and Beyond

### MEDICAL

- Baby thermometer
- Cotton wool balls
- Nasal aspirator
- Humidifier

### BREASTFEEDING

- Nursing Bras
- Breast pads
- Breastfeeding pillow
- Nipple Shields
- Nipple Cream
- Breast Pump
- Breast milk Storage Bags

### BOTTLEFEEDING

- 4-6 baby bottles
- A steriliser  
Formula
- Bottle brush
- Breast pump (*these can also be hired  
from the ABA - Australian Breast Feeding  
Association and some pharmacies*)
- Dummy
- Bottle Rack
- Bottle Warmer



### NOTES

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