



newborn baby CHECKLIST

Bringing baby home from hospital

- A nappy to wear home
- Body suit or jumpsuit
- Socks
- Cap or hat
- Blanket or wrap

Clothing

- 6-12 long sleeved tops and/or bodysuits
- 6 jumpsuits
- 1-2 jumpers or baby jackets if it is going to be cold when your baby is due
- 2-3 nightgowns – easy access for late night nappy changing
- 3-4 blankets or light cotton wraps
- Hat for cooler weather
- 6 pairs of socks (many parents find all in one jumpsuits with feet easier to manage than endlessly replacing missing socks).
- 6 singlets

Nappies

- 6-12 disposable newborn nappies a day.
- 8-10 cloth nappies per day depending on how often you want to wash them.
- Nappy rash cream
- Baby Wipes

Out and about

- Pram or stroller
- Car capsule
- Baby sling
- Pram Blanket/Cocoon
- Pram Sun Shade/ Raincover
- Portacot
- Nappy Bag
- Pram Liner
- Car Window shades

Notes

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For sleeping

- Cot or bassinet
- Cot mattress
- Baby Sleeping bag/swaddles
- Muslin wraps
- 2-3 sets of cot sheets
- Baby night light for night feedings
- Baby Monitor

Bath and cosmetic

- Baby bath
- Olive oil to drop in the bath and for removing cradle cap
- Baby wipes or cloths
- Baby nail clippers
- Baby hair brush
- 2-3 hooded towels
- Baby bath wash

Medical

- Baby thermometer
- Cotton wool balls
- Nasal aspirator
- Humidifier

Breast Feeding

- Nursing Bras
- Breast pads
- Breastfeeding pillow
- Nipple Shields
- Nipple Cream
- Breast Pump
- Breast milk Storage Bags

Bottle Feeding

- 4-6 baby bottles
- A steriliser
- Formula
- Bottle brush
- Breast pump (these can also be hired from the ABA and some pharmacies)
- Dummy
- Bottle rack
- Bottle Warmer

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